

## SANITIZING AND DISINFECTING

The following are the guidelines used in the Milady's Standard Cosmetology book for disinfecting nonelectrical tools and equipment:

1. Clean tools and equipment to remove all visible matter, residue and hair.
2. Rinse thoroughly and pat dry with a clean towel.
3. Completely immerse implements in a properly mixed disinfecting solution per the manufacturer's directions.
4. Remove implements with tongs, basket, or gloves to avoid skin contact.
5. Rinse and dry thoroughly.
6. Store disinfected implements in a clean container and in a sanitary manner between uses. A clean drawer can be used for storage of tools or implements if only clean items are in it. Never seal tools or implements in a closed airtight container; they may not be completely dry, which can promote bacterial growth.

### DISINFECTING FOOT SPAS AFTER EACH CLIENT

1. **Drain and Remove debris.** Drain all water and remove all visible debris from the foot spa or basin; if there is a footplate or impeller, remove it and clean the areas behind and underneath.
2. **Thoroughly Clean.** Clean surfaces and walls of foot spas or basin with chelating detergent and a brush to remove all visible debris.
3. **Disinfect basin.** Disinfect the foot basin with an EPA registered, liquid hospital disinfectant for 10 minutes. If it is a whirlpool unit, the solution must be circulated. The solution must go every place the water was and must stay there for 10 minutes or as indicated on the product label.
4. **Dry basin.** Wipe with a disposable towel. Cloth towels can transmit pathogens if not properly laundered.

# SANITIZE OR DISINFECT? BOTH

## **Sanitation: *to free from dirt, germs, etc., as by cleaning or sterilizing***

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Thorough hand washing with soap and water immediately before and after servicing each client is recommended to prevent cross contamination via transmission of body fluids or infections or exposure to service-related wastes or chemicals.

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Tools in direct contact with clients **MUST** be cleaned and disinfected between use, thrown away, or given to the client.

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Items not approved for disinfection and reuse **MUST** be disposed of after use on a client, or given to the client. These items include nail files (formerly emery boards), cosmetic sponges, buffer blocks, (pumice, chamois), orangewood sticks, etc.

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Store disposable tools only with new/unused disposable items. These items must be thrown away or given to clients immediately after use.

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Store reusable tools separately from used, dirty items. Storage areas must be clean for new/unused disposable items as well as for cleaned and disinfected reusable items.

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## **Disinfection: *to cleanse something so as to destroy or prevent the growth of disease-carrying microorganisms***

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For foot baths, after each client:

1. Drain the water from the foot spa basin or bowl and remove any visible debris.
2. Clean the surfaces of the foot spa with soap or detergent, rinse with clean water and drain.
3. After cleaning, disinfect the surfaces with an EPA-registered hospital disinfectant. Follow manufacturer's directions on label. Surfaces must remain wet with disinfectant for 10 minutes or the time stated on the disinfectant label. For whirlpool foot spas, air-jet basins, "pipe-less" foot spas and other circulating spas, disinfect by filling basin with clean water, add the appropriate amount of liquid disinfectant and turn the unit on to circulate the disinfectant for the entire contact time.
4. After disinfection, drain and rinse with clean water.

***\*\*See Manufacturer's directions for nightly cleaning and disinfecting\*\****

# First Sanitize, Then Disinfect:

1. Wash all implements with hot soapy water and rinse.
2. Immerse implements into hospital grade or EPA-approved disinfectant for the recommended time by the manufacturer.
3. Remove.
4. Rinse and allow to air dry.
5. Store in a covered container away from dirty implements.

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All implements must be stored in a covered container and labeled clean or dirty.

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Reusable tools must be completely immersed in disinfectant after cleaning items thoroughly.

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Shop must use wet sanitizers with hospital grade or EPA approved disinfectant.

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Follow manufacturer's directions for disinfection after thoroughly cleaning reusable tools.

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Questions??

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