



# NATIONAL INSTRUCTOR PRACTICAL EXAMINATION

## CANDIDATE INFORMATION BULLETIN

Please visit [www.nicesting.org](http://www.nicesting.org) for the most current bulletin prior to testing.

This bulletin contains important information regarding the NIC National Instructor Practical Examination content and administration. Please review all information carefully.

### IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination.
- All examinations are administered in a testing environment. Candidates should bring a container of water if needed for any section of the examination. Candidates may bring a thermos of hot water if desired. All water and their containers must be taken with the candidates and may not be disposed of at the testing facility.
- Candidates must prepare a lesson plan for the Theory Lecture and a lesson plan for the Demonstration Lecture. Candidates will receive the topic assignment with the admission letter. The Theory Lecture and Demonstration Lecture assignments will be on different subject areas and topics. Candidates must prepare and submit an originally developed lesson plan. (No preprinted plans allowed) Candidates must bring three copies of each lesson plan to the examination. Candidates retain one copy of each lesson plan.
- Candidates may be responsible for providing any additional items that are needed for the Theory Lecture and Demonstration Lecture. (i.e. marker board, easel, chalkboard, etc.) \*Please refer to State guidelines.
- Candidates will be given 10 minutes to set up for the Theory Lecture and 10 minutes to set up for the Demonstration Lecture.
- The verbal instructions will be read twice for each section of the examination.
- Candidates must follow all appropriate public protection and infection control procedures during all phases of the practical examination that will ensure the health, safety, and welfare of the public. In the event of a blood spill, candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your dismissal from the examination.
- Cellular phones, pagers, any electronic device, are NOT permitted in the examination room. Talking to other candidates or any examiner is strictly prohibited. Failure to comply with any of these conditions will result in the candidate being dismissed immediately, and the actions reported to the proper authorities. The examiners have been instructed not to answer any questions concerning the examination. This ensures equal opportunity for all candidates and standardization in testing for the National Practical Examination. If you have an emergency situation please ask to speak with the supervisor.
- Manufacturer's labels are required on all disinfectants and sanitizers. An EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used. Simulated products are NOT allowed for disinfectants and hand sanitizers.

### INSTRUCTOR PRACTICAL EXAMINATION CONTENT SECTIONS

The scope of the National Instructor Practical Examination includes 4 core domain services. The core domain services are based on the national job analysis. The core domain services are as follows:

#### Core Domain Services

Theory Lesson Plan  
Theory Lecture  
Demonstration Lesson Plan  
Demonstration

### THEORY LESSON PLAN

#### **Verbal Instructions:**

*"Please hand the examiner one copy of the theory lesson plan. You may retain one copy."*

*"You will have 10 minutes to set up your classroom for the theory lecture."*

*"Do not begin the theory lecture until verbal instructions have been read."*

**(1)** *"The instructions will be repeated."*

**(2)** *"You may begin set up."*

#### **Lesson plan will be evaluated on the following tasks:**

- Provides lesson plan originally developed by candidate
- Lists course title (e.g., Cosmetology, Nail Technology, Esthetics, Barbering, etc.)
- Lists assigned topic
- Lists time required specific to assignment (20 minutes)
- Lists lesson/learning objective specific to student learning and relevant to topic (e.g., "The student will be able to..." or "We will be able to...")
- Lists reason(s) why topic is important for students (e.g., client retention, safety, money, etc.)
- Lists reference(s) used by instructor to prepare for lesson
- Lists teaching/visual aid(s) relevant to assigned topic
- Provides safety procedure(s) relevant to topic in lesson plan
- Lists students' prior assignment (e.g., previously assigned chapters, handouts, etc.)
- Outlines sequence of lecture
- Provides summary of lesson
- Lists students' follow-up assignment (e.g., read a chapter, complete worksheets, etc.)
- Lists method(s) of assessment to evaluate students' retention of topic (e.g., test, quiz, written or verbal questions, etc.)

**THEORY LECTURE**  
(20 minutes)

**Verbal Instructions:**

*“You will perform the theory lecture section of this examination.”*  
*“You will be expected to convey proper safety and infection control procedures.”*  
*“You will have 20 minutes to complete this section.”*  
**(1)** *“The instructions will be repeated.”*  
**(2)** *“You may begin.”*

**Candidates will be evaluated on the following tasks:**

**Procedures and Content**

- States assigned topic
- Presents lesson/learning objective specific to student learning and relevant to topic (e.g., “The student will be able to...” or “We will be able to...”)
- Presents reason(s) why topic is important for students (e.g., client retention, safety, money, etc.)
- Uses teaching aid(s) to focus students’ attention
- Teaching aid(s) are visible to all students
- Explains safety and client protection procedure(s) listed in lesson plan
- Presents topic in the sequence outlined in lesson plan
- Asks question(s) relevant to topic to elicit student response
- Makes eye contact throughout room
- Speaks audibly throughout lecture
- Confines lecture to assigned topic
- Covers complete content of lesson plan
- Summarizes theory lecture (e.g., re-states key points, paraphrases lesson plan, etc.)
- Presents students’ follow-up assignment (e.g., read a chapter, complete worksheets, etc.)
- Presents method(s) of assessment to evaluate students’ retention of topic (e.g., test, quiz, written or verbal questions, etc.)
- Practices infection control procedures safely throughout lecture
- Maintains work area in a safe manner throughout lecture
- Lectures for at least 15 minutes

**Verbal Instructions after Instructor has concluded the Theory Lecture:**

*“Now that you have concluded your theory lecture you may put away all supplies that you are finished working with. Once completed I will read the instructions for the demonstration lecture set up.”*

**DEMONSTRATION  
LESSON PLAN**

**Verbal Instructions:**

*“Please hand the examiner one copy of the demonstration lesson plan. You may retain one copy.”*  
*“You will have 10 minutes to set up your classroom for the demonstration lecture.”*  
*“Do not begin the demonstration lecture until verbal instructions have been read.”*  
**(1)** *“The instructions will be repeated.”*  
**(2)** *“You may begin set up.”*

**Lesson plan will be evaluated on the following tasks:**

- Provides lesson plan originally developed by candidate
- Lists course title (e.g., Cosmetology, Nail Technology, Esthetics, Barbering, etc.)
- Lists assigned topic
- Lists time required specific to assignment (30 minutes)
- Lists lesson/learning objective specific to student learning and relevant to topic (e.g., “The student will be able to...” or “We will be able to...”)
- Lists reason(s) why topic is important for student(s) (e.g., client retention, safety, money, etc.)
- Lists reference(s) used by instructor to prepare for lesson
- Lists supplies, implements, equipment, and/or teaching/visual aid(s) needed for lesson
- Provides safety procedure(s) relevant to topic in lesson plan
- Lists students' prior assignment (e.g., previously assigned chapters, handouts, etc.)
- Lists steps of procedure for topic in correct order
- Provides summary of lesson
- Lists students’ follow-up assignment (e.g., read a chapter, complete worksheets, etc.)
- Lists method(s) of assessment to evaluate students’ retention of topic (e.g., test, quiz, written or verbal questions, etc.)

## DEMONSTRATION

(30 minutes)

### Verbal Instructions:

*“You will perform the demonstration lecture section of this examination.”*

*“You will be expected to convey proper safety and infection control procedures.”*

*“You will have 30 minutes to complete this section.”*

**(1)** *“The instructions will be repeated.”*

**(2)** *“You may begin.”*

**Candidates will be evaluated on the following tasks:**

### Procedures and Content

- States assigned topic
- Presents lesson/learning objective specific to student learning and relevant to topic (e.g., “The student will be able to...” or “We will be able to...”)
- Presents reason(s) why topic is important for students (e.g., client retention, safety, money, etc.)
- Identifies implements, supplies, equipment, and/or teaching/visual aid(s) needed to demonstrate assigned topic
- Demonstration can be observed by all students
- Demonstrates and explains safety and client protection procedure(s) listed in lesson plan
- Simultaneously demonstrates and explains assigned topic
- Demonstrates steps of procedure for topic in correct order
- Asks question(s) relevant to topic to elicit student response
- Makes eye contact throughout room
- Speaks audibly throughout demonstration
- Confines demonstration and explanation to assigned topic
- Covers complete content of lesson plan
- Summarizes demonstration (e.g., re-states key points, paraphrases lesson plan, etc.)
- Presents students’ follow-up assignment (e.g., read a chapter, complete worksheets, etc.)
- Presents method(s) of assessment to evaluate students’ retention of topic (e.g., test, quiz, written or verbal questions, etc.)
- Practices infection control procedures safely throughout demonstration
- Maintains work area in a safe manner throughout demonstration
- Demonstrate for at least 25 minutes

## CANDIDATE SUMMARY AND FINAL CLEANUP

### Verbal Instructions:

*“This concludes the national practical examination. Please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination.”*

## INSTRUCTOR REFERENCES

*Milady’s Master Educator Student  
Course Book Second Edition, 2009*

Author: Letha Barnes

Milady

5 Maxwell Drive

Clifton Park, NY 12065

(800) 347-7707

[www.Milady.com](http://www.Milady.com)

*Milady’s Master Educator Student  
Course Book, 2001*

Author: Letha Barnes

Milady

5 Maxwell Drive

Clifton Park, NY 12065

(800) 347-7707

[www.Milady.com](http://www.Milady.com)

## OPTIONAL REFERENCES

*Pivot Point’s Mindful Teaching  
Program, 2002-2005*

Salon Fundamentals

Evanston, IL 60201

(800) 886-4247

[www.pivot-point.com](http://www.pivot-point.com)

NIC Health and Safety Standards

NIC, Inc., October 2002

[www.nicesting.org](http://www.nicesting.org)

## NIC HEALTH AND SAFETY STANDARDS BLOOD SPILL PROCEDURE

If a blood spill should occur, the following steps **MUST** be followed:

- **SUPPLY INJURED PARTY WITH LIQUID STYPTIC/ANTISEPTIC AND THE APPROPRIATE DRESSING TO COVER THE INJURY.**
- **DOUBLE BAG ALL BLOOD-SOILED (CONTAMINATED) ARTICLES AND LABEL WITH RED OR ORANGE BIOHAZARD WARNING.** *This is the responsibility of the candidate and should be executed as follows:*

### CANDIDATE INJURY – FOR EXAMINATION PURPOSES

1. **PROTECTION** – *If a cut is sustained, stop the service and clean the injured area.*
2. **APPLY** *antiseptic and/or liquid or spray styptic as appropriate (see NOTE).*
3. **DRESSING** - *cover the injury with the appropriate dressing.*
4. **COVER** *injured area with finger guard or glove as appropriate.*
5. **CLEAN** *model/client and station as appropriate.*
6. **DOUBLE BAG** *and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.*
7. **RETURN** *to service.*

### MODEL INJURY – FOR EXAMINATION PURPOSES

1. **STOP** *service.*
2. **GLOVE** *hands of candidate/student/licensee.*
3. **CLEAN** *injured area as appropriate.*
4. **APPLY** *antiseptic and/or liquid or spray styptic as appropriate (see NOTE).*
5. **COVER** *the injury with the appropriate dressing to prevent further blood exposure.*
6. **DOUBLE BAG** *and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.*
7. **RETURN** *to service.*

### EXAMINERS:

- **EXAMINER IS TO USE UNUSED DISPOSABLE LATEX GLOVES OR NON-ALLERGENIC EQUIVALENT WHEN CHECKING THAT CANDIDATE'S SERVICE. DOUBLE BAG AND DISPOSE USED GLOVES.**
- **FOLLOW WITH ANTIMICROBIAL SCRUB ON HANDS.**
- **DOCUMENT INCIDENT IN BLOOD SPILL LOG.**

**NOTE: DO NOT ALLOW CONTAINERS, BRUSHES, NOZZLES OR LIQUID STYPTIC TO TOUCH THE SKIN OR CONTACT THE WOUND. USE AN APPLICATOR. EXAMINERS SHOULD ALSO COMPLETE AN INCIDENT REPORT.**

## WET DISINFECTION STANDARD

- 1** All tools and implements, **EXCEPT THOSE THAT HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS**, must be disinfected, at minimum, by complete immersion in an EPA registered, *bactericidal, virucidal, fungicidal, and pseudomonacidal (Formulated for Hospitals)* disinfectant that is mixed and used according to the manufacturer's directions.
- 2** All tools and implements **WHICH HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS** must be disinfected, at minimum, by complete immersion in an EPA registered disinfectant that is effective *against HIV-1 and human Hepatitis B Virus or a Tuberculocidal* that is mixed and used according to the manufacturer's directions.

## DRY STORAGE STANDARD

Disinfected implements must be stored in a disinfected, dry, covered container and be isolated from contaminants.

## HAND WASHING

(Anti-Bacterial Soap is recommended)

Thoroughly wash hands and the exposed portions of arms with antibacterial soap and water before providing services to **each client** and after smoking, drinking, eating, and using the restroom.

## NAIL TECHNOLOGY

### Practical Examinations

Liquid Monomer containing *Methyl Methacrylate (MMA)* is **prohibited** for use during NIC practical examinations.

NIC strongly recommends, due to the testing environment, that odorless sculpture nail products be used during the NIC practical examinations.

Adopted as amended October 2002

**Visit our website at [www.nictesting.org](http://www.nictesting.org)**